Worship Events in October

St Peter's, Swainsthorpe

2nd	6pm	Harvest Thanksgiving and Supper - Dawn Davidson
9th	9.30am	Swainsthorpe Special Service - Austin Ozoigwe
16th	9.30am	Holy Communion - Dawn Davidson
23rd	9.30am	Swainsthorpe Special Service - Lesley Cox
30th	10am	Benefice Service For All - Dawn Davidson and Steven Foyster - Saxlingham St Mary

St Mary's, Newton Flotman

2nd	11am	Harvest Thanksgiving & Lunch with Thank You	
		Volunteers - Coryn Stanforth	
9th	8am	BCP Holy Communion - Austin Ozoigwe	
	4pm	ECO Church - Lesley Cox (churchyard)	
16th	11am	Morning Worship - Lesley Cox	
23rd	11am	Holy Communion - Austin Ozoigwe	
30th	10am	Benefice Service For All - Dawn Davidson and	
		Steven Foyster - Saxlingham St Mary	



Free Ads in Partnership

If you have something to sell or pass on for free, or perhaps you have a 'wanted', then please consider placing a free advertisement here in Partnership. Send an email to **caroline@uv6.com**, or call/text **07855 838553**, stating your item(s), contact details and the price you want, and Partnership will do the rest. Reduce, reuse, repurpose, recycle!



The Community Magazine for the Parishes of Newton Flotman & Swainsthorpe October 2022



See page * to read about this handsome little fellow!

Curate's Corner - Rev. Coryn Stanforth

I had the wonderful opportunity to travel to Norway during the summer. A friend was being ordained in the Norwegian Lutheran Church. I was able to support her at the service in Bodo before travelling on a coastal boat to the far north of Norway.

I headed, on the Hurtigruten ship, to Tromso in the Arctic Circle. Stuffed polar bears and reindeer stood outside shops which were packed full of beautiful knitted woolly hats, scarves and mittens. I had been concerned that I had forgotten to pack

much warm clothing. Clothing for chilly weather was not required. The weather was primarily warm and sunny and temperatures reached the low 20s Celsius. It was wonderful weather for a holiday, but it also made me fear I was seeing the effects of global warming. As the plane flew over the English countryside on my return home, there were endless drought scarred fields, tangible signs of climate change.

God has gifted humankind a beautiful and intricate creation. It is for all of us to care for it and try to slow the tide of global warming. The period including September and early October has become known as Creationtide in the Church of England and is a time when there is an emphasis on the protection of creation and also on sustainable lifestyles. Towards the end of this period is the celebration of Harvest Festival. Much of the harvest has been gathered in and for many this will include from gardens as well as farmers harvesting their crops. It is a time to gather together and thank God for all the gifts he gives us, as well as thinking about our stewardship of creation.

Harvest Festival is being celebrated on Sunday 2nd October. In Newton Flotman the service is at 11am and will be followed by lunch. There is no need to book; all are welcome. Harvest gifts are welcomed for the Foodbank. At Swainsthorpe the service is at 6pm and will be followed by supper. Newton Flotman Primary Academy will also be gathering in church to celebrate their Harvest Festival later in the week.

As the well-known hymn by Henry Alford says:

'Come, ye thankful people, come, raise the song of harvest home; all is safely gathered in, ere the winter storms begin. God our Maker doth provide for our wants to be supplied; come to God's own temple, come, raise the song of harvest home!'

I look forward to seeing many of you to celebrate Harvest Festival.

Holy Communion at Home

Are you unable to get to church but would like to receive Holy Communion at home? There is a tradition in the Church of England that Holy Communion is taken to those at home who are unable to get to church because of illness or other circumstances. Home Communion normally takes place once every four to six weeks and can be a one off or for a longer period of time. If you would like to receive Holy Communion at home or find out more please contact me on 07436 992347, and I will be happy to have a chat or arrange a visit.

Rev.Coryn





Need a website? We can help.

We will help you grow your business with an affordable and effective website that works for you, and your customers.

Exclusive Partnership reader offer - 10% off! Visit: www.bluefrogdigital.co.uk/partnership

Email hello@bluefrogdigital.co.uk for more information. Let's have a chat.

CARRY-ALL

Mel Rogers Home 01508 536182 Mobile 07850 402845 carry_all@btinternet.com

Suppliers of: Sand ~ Hoggin shingle (Golden Natural) ~ Ballast Top Soil ~ Crushed Concrete ~ Bark Chippings Compost ~ Aggregate ~ Plum Slate Peat & Turf (Sovereign, cultivated) Children's Play Sand & Play Bark No VAT ~ free delivery Complies with British Standards Now delivering mixed logs, hard and soft wood per truck load

T. C. GARRETT ROOFING CONTRACTOR

Your Local Contractor For All Your Roofing Requirements Flat/Tiled/Slated Including all timberworks & UPVC fascia & guttering works Call us today for a no obligation quotation and advice On 01508 531765 or Email us at: enquiries@tcgarrettroofing.co.uk

> 118 IPSWICH ROAD, LONG STRATTON, NR15 2TJ



Stump Grinders Pest Control Equipment Draper Hand Tools & Salt Protective Clothing Pedal, Battery Toys & Models



SALES | SERVICE | PARTS | HIRE 01603 625370

NORWICH - opposite County Hall AYLSHAM - BEESTON - NEWMARKET COATES - ELLINGTON www.benburgess.co.uk



Professional hairdressing for ladies, gents & children Alan Avenue, Newton Flotman, NR15 1RF

Call Alison on 07522 343436 for an appointment

Rachel's Mobile Hair & Beauty Gents cuts • Cut & Blow Dry Colouring • Sets & Perms Eyebrow & Lash Tinting Manicures & Pedicures Waxing Quality products used Fully trained & qualified

Prices from £5 For more info or to book an appointment Call Rachel on 07742 115784 or 01508 578596 MARTIN'S GARDENS 01508 498936 Garden Design & Maintenance Hedge Cutting & Tree Services Mowing and Borders Patios and Decking Fencing - New & Repairs All jobs considered -

Just call for a quote

PC ASSIST home

Whether it be home PC repairs, installation of new computers, upgrades, advice or virus removal

Call Darren on 01508 471459 or email info@pcassistonline.co.uk

Visit www.pcassistonline.co.uk for more details

Home Maintenance Service

Complete Bathroom CAD design & Installation (in your home). Plumbing and heating, Domestic appliance installation & repair (all manufacturers). All works guaranteed. Contact Mike on

01508 578676 or 07889039729

Email: mobylec@gmail.com

Church Contact Details

For home visits, Communion at home, or to enquire about Christian faith, please contact:

Rev'd Dawn Davidson (Team Rector),

dawndavidson@btinternet.com tel: 498924 The Rectory, The Street, Saxlingham Nethergate, NR15 1AJ

Rev'd Austin Uzoigwe (Team Vicar)

revaustinuzoigwe@aol.com Tel: 01508 470901 The New Rectory, Church Hill, Tasburgh, Norwich, NR15 1NB

Rev'd Coryn Stanforth (Team Curate)

cstanforth@btinternet.com The Rectory, Church Road, Newton Flotman, NR15 1QB

tel: 07436 992347

Lesley Cox (Reader) tel: 471334

Church Buildings and Church yards

On matters to do with the church buildings or churchyards, please contact one of the church wardens:

Kirsten Remer 01508 471580 St Mary's Newton Flotman

Susan Peters Corbett 01508 470539 - St Peter's Swainsthorpe

To donate to St Peter's Church, Swainsthorpe, contact the treasurer **Andy Haggith** - 01508 470921

For St Mary's, Newton Flotman contact the treasurer **Pavlina Boralieva** 07842 779565

How to donate: Newton Flotman Parish Church Council sort code 20-62-53 a/c 70651028 it is classed as a business account. Please reference it 'Fabric'. To give regularly, why not become a 'Friend of St Mary's'?- contact Kirsten Remer – 01508 471580 kirstenremer@gmail.com To contribute to the running costs of the church and provision of clergy please go to **DofN.org/donate** to donate to our Parish Share. If you wish to leave a legacy please visit for further details www.churchofengland.org/our-faith/church-legacy Thank you!

Articles Wanted for Partnership

Please send your contributions to the editor by email at: caroline@uv6.com

Advertise your business in Partnership for as little as £10 Reach over 900 households in the Newton Flotman and Swainsthorpe Call Caroline on **01508 471238** or email **caroline@uv6.com**

Church Room for Hire

The Church room at St Mary's in Newton Flotman is available for hire at £7 per hour. It is suitable for meetings and small birthday parties. It has kitchen facilities and disabled access. Please call Caroline Wolfe on 01508 471238 for availability. You can also check availability by looking at the public calendar on Google Mail. :

 $uv 6. com_cl 4d7 i 04 arl c 1 dt sc 4ct l 3rh 74 @group.calendar.google.com$

Partnership Deadline

The next edition of Partnership will be in November Deadline will be 14th October 2022. Contributions by email to **caroline@uv6.com** or call **07855 838553.** The editor reserves the right to edit copy and print as space permits.



We were honoured to be able to host the village ST MARY'S CHURCH Book of Condolence, provided by the Parish Newton Flotman Council, during the period of national mourning following the death of Queen Elizabeth II.

Huge thanks to Sally Mitchell for cycling for the church and the Norfolk Churches Trust on September 10th! Thank you too for the stewards who checked in visitors being sponsored to cycle, walk or drive round the county's churches.

We are hoping to have a calendar for sale this year and will be sifting through photos at Villers O the set of sifting through photos at Village Café on 1st October. We will be Heritage Group hosting a Remembrance Village Café on 12th November.

Village Café – the hosting schedule has been sorted out up to December. Every Saturday 10am-12noon. Meet the Councillors is on 15th October and Village Café goes on tour up at the Craft Fair up at the village centre on 29th October. As last year wreath making and table decoration workshops are planned for December.



Outreach Post Office - there has been a good response to the OFFICE Wednesday morning opening time but please note Anna will be on holiday on 5th October so there will be no Post Office that week.

Oasis Holiday club - thank you to Corvn who led and all who helped or came along to the holidav club in August. It was good to' jump up and down and spin right around' again after a break of a few years. Watch this space for future events like this 'Giving Thanks' Harvest Festival – join us on 2nd October at 11am for our Harvest Thanksgiving, followed by our Harvest Lunch of hearty harvest soup! We'd like as many of you to join us as possible do let us know if you need a lift or help with walking over to the church.

Looking ahead...on November 5th we have our rescheduled churchyard maintenance morning. We will soon be asking for hosts for a special couple as they make their way to Bethlehem on an important mission...its Posada time again..more info soon! Perhaps they might join us for Carols on the Green on December 21st

Partnership – we've had more feedback from readers about the importance of having a printed copy so we are actively seeking ways to reduce production costs and the find the financial footing needed to support its publication in the long term for both our villages. If you have any more feedback please contact Kirsten Remer 01508 471580 kirstenremer@gmail.com

St Mary's Church, Newton Flotman

Can you help balance our books? We are looking for a Treasurer, you would be ably assisted with day to day banking but a strategic overview is what we need! Please chat to Kirsten Remer or Vicky Ball for further information.

St Mary's Church receives no central funding and is funded entirely through donations, fundraising and grants. How to Give If you are able to to make a donation towards the maintenance of the church building please do consider making a regular donation: to Newton Flotman Parish Church Council sort code 20-62-53 a/c 70651028 it is classed as a business account. Please reference it 'Fabric'. To give regularly why not become a 'Friend of St Mary's'- contact Kirsten Remer - see contacts page. To contribute to the running costs of the church and provision of clergy please go to DofN.org/donate to donate to our Parish Share. If you wish to leave a legacy please visit for further details:

https://www.churchofengland.org/our-faith/church-legacy Thank you!







Join us on 2nd October for our Harvest Thanksgiving at 11am followed by a Harvest Lunch, including hearty harvest soup, served shortly after 12!

We'd love as many of you to join us as possible for the service or afterwards for the lunch - do let us know if you need a lift or help with walking over to the church.

Harvest Festival & Harvest Supper



Sunday 2nd October 2022 6pm St Peter's Church, Swainsthorpe Celebrate this year's harvest with some well-known hymns!



Due to continuous demand, the PCC have agreed to collect again for the Norwich Foodbank. Donations can be left in the box in the church porch.

Suggested items are: Milk (UHT or powdered), Sugar (500g), Fruit juice (carton), Soup, Pasta sauces, Sponge pudding (tinned), Tomatoes (tinned), Cereals, Rice pudding (tinned), Tea Bags/instant coffee, Instant mash potato, Rice/ pasta, Tinned meat/fish, Tinned fruit, Jam, Biscuits or snack bars

A free supper will be served following the service. A great time to catch up with friends and neighbours – do come!



For lots of local news and events look up www.facebook.com/groups/tasvalleyfamilies/ and "Newton Flotman Village Community" Facebook pages. You'll find lots of local news and events.



NEWTON FLOTMAN OUTREACH POST OFFICE WEDNESDAY MORNINGS 9.30 – 11.30am (church room)

Please note - there will be no Outreach Post Office provision

Crafting for a Cause Change of Meeting Times

The 'Crafting for a Cause' group will now meet every first Tuesday of the month, 2-4pm in the church room, Newton Flotman.

Those attending bring and share skills, which are put to use to raise money for all sorts of good causes.

If you would like to be involved, either to bring your specialist skill to pass on or to learn something new, then please come along and join us. Call Vicky on 01508 471506 for more information, or just turn up!



Hedgehog Rescue!



This tiny hedgehog was found scuffling with difficulty during daylight hours at the bottom of Alan Avenue, Newton Flotman, in mid September. He was obviously dehydrated and, being the small size he was, would not have survived the coming winter without help. He was taken to a hedgehog rescue house in Long Stratton and promptly named Finley after the concerned youngster who found him.

If you discover a hedgehog that is injured, or one which is out during daylight hours, please contact a hedgehog rescue centre and follow their advice. We will hopefully have an update on Finley next month.

Place Free Ads Here in Partnership! Email: caroline@uv6.com

or call 01508 471238

You can sell items, give them away for free, or even post a 'wanted' ad.



STRATTON **EWING** ROOM THE UTO curtains **ﷺ** blinds SERVICES & soft furnishings Cynthia Hill • MOTs, Servicing, Repairs 01508 470078 • Tyres, Exhausts, Brakes, Batteries Thesewingroom03@talktalk.net • Competitive Prices, Courtesy cars The Sewing Room f www.strattonautoservices.co.uk U @thesewingroom03 Tel: 01508 532356 Beautifully designed handmade Fax: 01508 531114 curtains, blinds & soft furnishings made on site, we offer experience advice and supply a Unit 2, Santareen Road, Tharston Industrial Estate, full range Tracks, Poles, Blinds & Accessories. Long Stratton, NR15 2NZ



Tel: Office: 01603 904 300 Mob: Andrew: 07969 608792 Mob: Neil: 07884 061 741 Email: info@summitheating.co.uk





The Friends of Newton Flotman Primary Academy have a 'bags2school' collection booked for Thursday 3rd November. Please fill up bin bags with unwanted clothes, linen, shoes, bags and belts and either deliver them to the school by 9am on the 3rd November OR leave them on outside your front door/driveway on Wednesday 2nd November by 4pm for collection. Proceeds raised from the collection will be used to provided additional resources and experiences for our school's children.

CHURCH GROUNDS TIDYING NEWTON FLOTMAN CHURCH

Could you spare a couple of hours, between 9.30am & 11.30am?

Saturday 5th November 2022

If possible, please bring gardening tools ie rake, shears, spade, shovel, edger, stiff broom. Thank you.



David Wharton will be there to meet you.

Norfolk County Council Mobile Library Service

This month the mobile library will be visiting on October 12th

Stop number	Village	Arrival time	Departure time	Stop name	Postcode
2	Swainsthorpe	09:50	10:05	The Church	NR14 8PN
18	Newton Flotman	14:30	15:30	School Road	NR15 1PR
20	Newton Flotman	15:35	16:05	Grove Dale	NR15 1QG
22	Newton Flotman	16:10	16:50	Joy Ave	NR15 1RD

Saxlingham Nethergate Christmas Fair

We are holding a Christmas Fair this year from 10 am to 1 pm on Saturday 19th November in Saxlingham Nethergate Village Hall, similar to the Fair held last time way back in 2019.

There will be Christmas Gift stalls, a book stall, a cake stall, a raffle and refreshments. So please put this date in your diary and come and join us on the day!

Stalls will be available if you wish to take part - please email Lynn Roberts at **robbosax@me.com** to reserve one.



Are you a resident of Swainsthorpe? If yes, then join our private Facebook group 'Swainsthorpe's Facebook page'!

EXHIBITION OF ORIGINAL OIL & WATERCOLOURS NORFOLK LANDSCAPES

By Eric S Hopkins UA (1926 – 2018)

Swainsthorpe St Peter's

Saturday 8th October 2022 From 10.30 am – 4.30 pm **Sunday 9th October 2022**

From 11.30 am – 4.30 pm A percentage of any sales will be donated to St Peter's Church Bell Fund

St Peter's Church Community Centre

Swainsthorpe Community Centre is situated within St. Peter's Church on Church Road in Swainsthorpe. The centre is available for hire on a one off or regular basis at £7 per hour. There is a well-equipped kitchen area with cutlery, crockery and glasses to serve 40 people. The entrance and toilet have wheelchair access. For enquiries please contact: Jackie Baker 01508 470415

YOU ARE INVITED TO

Andy & Jill's Coffee Morning

TO SHARE TEA, COFFEE, CAKE, CONVERSATION AND LAUGHTER FOR A SOCIAL GET TOGETHER SWAINSTHORPE CHURCH Saturday 8th October 2022

10.30 am - 12.30 pm

Refreshments will be free, but donations would be gratefully received and will go towards our Bell Fund. There will be an Exhibition of Original Oil and Watercolour Paintings of Norfolk Landscapes taking place at the coffee morning

Time Share SWIMMING at Mangreen

for you, your family and friends, **Water Temp 30 -31°c** Enjoy the privacy and warmth of the water of our pool.

Accommodation at Mangreen

If you have any guests you need to accommodate, rates from £65 bed and breakfast. Give us a call.

Or pop in to our Thursday Coffee Shop for a chat and a coffee 10am – 3pm every Thursday.

For more information on the above Call 01508 570444 Email: **swimming@mangreen.co.uk** or **info@mangreen.co.uk** Mangreen Country House, a trading expression of the Mangreen Trust

Flute & Piano Tuition

Anna Hopkins G.R.S.M A.R.C.M. P.G.C.E. Experienced and popular teacher of flute & piano All ages welcome Beginners to Advanced Concerts/Festivals/Exams/ or just for fun Competitive Rates

annahopkins1216@hotmail.com 07778611935

TCG SCAFFOLDING SERVICES

FOR HIGH QUALITY SCAFFOLD PRIVATE DOMESTIC TO COMMERCIAL WE GIVE YOU THE SAFE ACCESS REQUIRED FOR ANY JOB LARGE OR SMALL

Call us today for a no obligation free quotation and advice On 01508 531765 or Email us at: enquiries@tcgscaffolding.co.uk

> 118 IPSWICH ROAD, LONG STRATTON, NR15 2TJ



www.mrchimney4u.co.uk

MEMBER OF THE GUILD OF MASTER CHIMNEY SWEEPS

WOOD BURNERS MULTI-FUEL STOVES INGLENOOK FIRES AGA/RAYBURN OPEN FIRES INSET STOVES





CERTIFICATES ISSUED STOVES SERVICED/REPAIRED CCTV FLUE/CHIMNEY CHECKS

David Wilson 54 Cawstons Meadow Poringland info@mrchimney4u.co.uk 01508 493219 or 07835 757528



Cosy Cuts Grooming

Professional Grooming for dogs & cats

All breeds welcome, C&G qualified

Over 20 years experience 3 Kingsway Saxlingham Thorpe **NR151UA**

07703 051633 or 01508 470954 cosycutsgroomingservices@gmail.com Instagram; cosy cuts grooming services

Electrician MARK

Local, Friendly, Reliable N.A.P.I.T. Registered that works on all Aspects of Domestic and Commercial Electrics Re-wires, new installations, new sockets, Fitting of new lights, Extension and Conservatory wiring, Outside sockets and lighting, Security lighting, Fire alarms, **Burglar Alarms and CCTV Systems** Contact Ian or Caroline @ ICD Electrics on 0779 0273 689 or 01508 813802 Email: icdelectrics@hotmail.co.uk or www.icdelectrics.co.uk



as little as £10 Email: caroline@uv6.com or call 01508 471238

Please don't forget to mention Partnership when contacting our advertisers!

Business Ads

Advertise in Partnership for as little as £10 Email: caroline@uv6.com or call 01508 471238 Don't forget to mention Partnership when contacting our advertisers !

Free Ads facility also offered for local sales



Available for hire by individuals and organisations Ideal for: Meetings, family functions, birthdays, weddings, children's parties, anniversaries and events

Centrally heated with a fully fitted kitchen (including a catering sized oven, fridge and dishwasher), disabled access and toilets

Rates of hire for Newton Flotman and Saxlingham Thorpe residents: Regular bookings £6.50 per hour Occasional bookings £10.50 per hour

Rates of hire non-residents: Regular bookings £6.50 per hour Occasional bookings £10.50 per hour Use of audio visual facilities £5 extra per hour To make a booking please call

Vicky Ball 01508 471506



Memorials & floral tributes supplied



Tel. 01508 494434 25 The Street, Poringland, Norwich, NR14 7RF





Your local, family run business offering great prices on the supply and installation of windows, doors, conservatories and warm roofs.

We offer a free, friendly quotation service, with no pushy sales pitch.

WINDOW COMPANY

No overheads, no salesman salaries to cover. Just affordable, great quality products with a professional and hassle free installation.



T: 01603 555209 / M: 07966 348242 info@thenorfolkwindowcompany.co.uk • www.thenorfolkwindowcompany.co.uk

News from Newton Flotman Parish Council From the Parish Council Meeting on 26 July 2022

Newton Flotman Parish Council are pleased to announce that Lesley Crump has now taken on the role as Vice Chairman. Paul Weeks took on the role of Chairman at the Annual meeting in May. Following this meeting David Gibbs stepped down from the Council having been Chairman for 32 years and on the Parish Council for over 40 years. The Parish Council are very grateful for the time and effort he has put in over those years.

The Parish Council are continuing to work with Highways to make Flordon Road safer for residents and encourage motorists to drive at a safe and considerate speed.

The planning application for the development on Alan Avenue has been approved although it is being held up by the Nutrient Neutrality issue that is affecting the majority of Norfolk applications. The Planning authority is looking into a mitigating strategy before planning applications can progress.

Anti Social Behaviour

There have been a number of occasions of Anti-Social Behaviour (ASB) within the village recently. Residents are urged to report any ASB that they see to the police using their online forms https://www.norfolk.police.uk/contact-us or by calling 101

Dog Fouling

Newton Flotman has 8 dog bins located around the village. We ask that dog owners pick up after their dogs and either take their waste home or dispose of it in one of these bins which are regularly emptied.

Could you be who the Parish Council is looking for?

The Parish Council currently has two vacancies for Councillors. Do you have an interest in your local area, would you like to help make improvements or would you like to have your say on how the village evolves? If this isn't for you, do you know someone who would be good at representing your views? More details can be found on the website – https://www.newtonflotmanpc.co.uk/vacancy or get in touch – contact details below

Help for residents

As the cost of living increases there are some initiatives available to help ease the burden. These are the cost of living payments provided by central government that people may be eligible to receive:

1. Energy Bills Support Scheme - £400 per household

a. All households will be eligible to receive this. Individuals in residential care will not receive any funds through the Energy Bills Support Scheme

b. This amount will be paid via energy suppliers over 6 months from October 2022. Direct debit and credit customers will have money credited to their account. People with a prepayment meter will have the amount applied to their meter or paid via a voucher.

c. Where people live in households where rent includes utility costs, landlords should be responsible to pass on any payments received.

d. Pensioner Cost of Living Payment - £300 per household

e. You must be over State Pension age (aged 66 or above) as at week ending 25th Sep. 2022 and **be receiving the Winter Fuel Payment**.



Newton Flotman Village Cinema

ELVIS

TUESDAY 15^h NOVEMBER - BAR OPENS 7:00PM FILM STARTS 7:30PM NEWTON FLOTMAN VILLAGE CENTRE



The life of American music icon Elvis Presley, from his childhood to becoming a rock and movie star in the 1950s while maintaining a complex relationship with his manager, Colonel Tom Parker. **Cert. 12A**

Call or email William Ball to book your tickets on 01508 471506 or william.ball@outlook.com Advance Tickets: £5.00 Coming Soon: 20th December – The Railway Children Return





Newton Flotman Village Cinema

OPERATION

MINCEMEAT

TUESDAY 18th OCTOBER - BAR OPENS 7:00PM FILM STARTS 7:30PM NEWTON FLOTMAN VILLAGE CENTRE



f. Payment will be automatic as a top-up to their annual Winter Fuel Payment in November/ December 2022. For most pensioner households, this will be paid by direct debit.

g. Ineligible individuals include:

i. People in hospital receiving free treatment for more than a year

ii. People who require permission to enter the UK and whose granted leave states they cannot claim public funds

iii. People in prison for the whole week from 19 to 25 Sep. 22

People who lived in a care home for the whole time from 27 Jun. to 25 Sep. 22 and received Pension Credit. This only applies to residential care as people who live in supported living or housing with care and meet the criteria will receive the payment. However, if people live in residential care and receive a state retirement pension without pension credit, they can receive a winter fuel payment. Further information can be found by searching online for *Winter Fuel Payment Eligibility*

i. Cost of Living Payment - £650 per household (paid in 2 instalments of £325)

a. People receiving certain means-tested benefits are eligible for these payments. This will automatically paid by the DWP in 2 instalments , the first in July 2022 and the second in Autumn 2022.

b. Eligible benefits include: Universal Credit or Income Based JSA, Income Related ESA, Income Support, Working Tax Credit/Child Tax Credits or Pension Credit.

c. People in residential care are eligible provided they receive one of the eligible benefits

d. Disability Cost of Living Payment **£150** per claimant Claimants on DLA/ PIP/ AA/ Armed Forces Independence Payment/ Constant Attendance Allowance/ War Pension Mobility Supplement at 25/5/2022. Automatically in September 2022. Nothing has been seen to suggest that people in residential care will not get the payment. Information from the DWP is awaited but again it is suspected there will be no guidance. Supported living people should have no issues with getting the payments as they do not have benefit suspended.

Council Tax Rebate £150 per household in England in Council Tax bands A-D. Those who pay Council Tax by direct debit will be paid automatically into their bank accounts from April 2022. People in residential care will not have a payment unless they have a council tax liability. The same for those in supported living they would only receive it if they have a council tax liability. Usually people in support living do not have a council tax liability so the majority will not get the payment. There is a discretionary scheme run by districts where you can apply if you live in a property above a band D.

Norfolk Assistance Scheme

Norfolk County Council website can signpost residents to a number of funds including help with utility bills, food bills and school meal vouchers, as well as help with retraining and courses. For more information visit:

https://www.norfolk.gov.uk/what-we-do-and-how-we-work/campaigns/help-with -living-costs

Continued on the next page

Meetings

Newton Flotman Parish Council meets every month (except August and December) on a Tuesday evening. The meeting dates for the remainder of the year which will be held at the Village Centre at 7:30pm are;

27th September 1st November 29th November

The public are very welcome to attend parish council meetings and there is always an opportunity for you to ask questions and to have your say. Minutes of all meetings are posted on the Parish Council website:

https://www.newtonflotmanpc.co.uk/agendas-and-minutes

Contacting the Council:

clerk@newtonflotmanpc.co.uk | 01508 447688

Maria Hutson, Clerk to the Parish Council

LONG STRATTON MEDICAL PARTNERSHIP

Swan Lane Surgery, Swan Lane, Tharston, Norwich, Norfolk, NR15 2UY Tel: 01508 530781

Research in practice

This month I want to touch on the importance of research in primary care. I have been involved with various research studies over the past few years, and many of you would have received invites from me for these studies. I want to thank you for responding and participating in studies which include the DIFRID, StatinWISE, Orange juice study, TWICS, GRASP – AF, CANDID, Colorectal and many more. The ongoing studies at present include ATTACK, HipDys and Immune Defence Study. We are also getting involved with an Asthma diagnosis study for 5 – 25-year-olds.

What is the need for Research in Primary Care?

An article in the British Journal of General Practice in 2019 by Richard Hobbs gives us the answer we all ask ourselves. I enclose important excerpts from his article.

'Primary care evidence has regularly impacted on informing international clinical guidelines, which is itself a useful surrogate for relevance and impact. The rate of such research has accelerated in the past 20 years and the quality and complexity has increased. Health systems should highlight the importance of primary care research to help deliver and guide priorities and invest in the academics and research practice networks that provide the evidence.'

It is important that research continues. I want to again thank all of you who have participated and continue to participate. I do hope as more relevant studies come out, many more of you will participate and help improve care and management of various conditions.

Dr Mini Nelson

Keeping the village in touch: **F** Visit us on Facebook www.facebook.com/newtonflotmanvillage/

Dates for your Diary - October 2022 - events subject to change

	•		
Date	Time	What	Where
Sat 1st Oct	10am - 12pm	Village Café	NF Church Room
Sun 2nd Oct	11am	Harvest Festival & lunch	NF Church
	6pm	Harvest Festival & supper	Swainsthorpe St Peter's
Tues 4th	2 - 4pm	Crafting for a Cause	NF Church Room
Weds 5th	-9.30-11.30am -	NO Outreach Post Office - staff holidays	NF Church Room
	6 - 8pm	Youth Club	NF Village Centre
Fri 6th	7pm - 10pm	Pub Night	NF Village Centre
Sat 8th	10am - 12pm	Village Café	NF Church Room
	10.30 - 12.30pm	Gill & Andy's Coffee Morning	Swainsthorpe St Peter's
	10.30am - 4.30pm	Art Exhibition	Swainsthorpe St Peter's
Sun 9th	11.30am - 4.30pm	Art Exhibition	Swainsthorpe St Peter's
Tues 11th	7.30pm - 9.30pm	NF Village Centre meeting	NF Village Centre
Weds 12th	9.30 -11.30am	Outreach Post Office	NF Church Room
	9.50 - 10.05	Mobile Library	Swainsthorpe
	2.30 -4.50pm	Mobile Library	N. Flotman
	6-8pm	Youth Club	NF Village Centre
Sat 15th	10am - 12pm	Village Café	NF Church Room
Tues 18th	7 for 7.30pm	Flotman at the Flicks	NF Village Centre
Weds 19th	9.30-11.30am	Outreach Post Office	NF Church Room
	6 - 8pm	Youth Club	NF Village Centre
Fri 21st	7pm - 11pm	Pub Night	NF Village Centre
Sat 22nd	10am -12pm	Village Café	NF Church Room
Weds 26th	9.30-11.30am	Outreach Post Office	NF Church Room
	6 - 8pm	Youth Club	NF Village Centre
Sat 29th	10am -12pm	Village Café	NF Village Centre
	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Christmas Fair	NF Village Centre