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A warm welcome to all!



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August & September 2024





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Team Vicar's Page

Well, after a draining six weeks of election campaigning, debate, barracking and drama, we now have a new government in place. You may not have voted for them, or you might be praying that the new government is an answer to your prayers, whatever our personal feelings, we are blessed to live in a democracy, and our Prime Minister and his government have power now to put into action the ideas they talked about over the past weeks.

As our new government takes office, let us watch to see whether they care for the whole of the country, whether they listen to people's voice and let's pray that God leads them as they lead us for the next four years. As Christians, we believe that governments are ordained by God to restrain evil and injustice and promote good by commending those who do right. A good government will show justice and mercy, model integrity, and have compassion on the most vulnerable people in society.

So, as a new government settles in, it may be good to reflect on the words of St Paul when considering a Christian attitude to those in authority. Paul urges that, "supplications, prayers, intercessions and thanksgivings be made for everyone, for kings and all who are in high positions, so that we may lead a quiet and peaceable life in all godliness and dignity." (1 Timothy 2:1).

Here are some of the ways we can pray for our government leaders:

- Pray that their decisions would have a positive impact on our cities, churches, laws, businesses, schools, culture, and more.
- Pray that they will be given Godly counsel and be surrounded by God-fearing advisors.
- Pray that they will value honesty, integrity and loyalty.
- Pray that they will be humble, compassionate and teachable.

You may find that once you commit to praying for those leaders whose views or attitudes are different than your own, your heart towards them softens. And you will find peace knowing that ultimately God is in control, and His will and plan will be accomplished.

With every blessing and prayer, *Revd Austin Uzoigwe,*

Holy Communion at Home

Are you unable to get to church but would like to receive Holy Communion at home? There is a tradition in the Church of England that Holy Communion is taken to those at home who are unable to get to church because of illness or other circumstances.

Home Communion normally takes place once every four to six weeks and can be a one off or for a longer period of time. If you would like to receive Holy Communion at home or find out more, please contact me on 07722413589, and I will be happy to have a chat or arrange a visit.

Rev'd Austin Uzoigwe

Church Contact Details

For home visits, Communion at home, or to enquire about Christian faith, please contact:

Rev'd Dawn Davidson (Team Rector),

dawndavidson@btinternet.com tel: 498924 The Rectory, The Street, Saxlingham Nethergate, NR15 1AJ

Rev'd Austin Uzoigwe (Team Vicar)

revaustinuzoigwe@aol.com Tel: 01508 470901 The New Rectory, Church Hill, Tasburgh, Norwich, NR15 1NB

Lesley Cox (Reader) tel: 471334

Church Buildings and Church yards

On matters to do with the church buildings or churchyards, please contact one of the church wardens:

Kirsten Remer 01508 471580 St Mary's Newton Flotman

Susan Peters Corbett 01508 470539 - St Peter's Swainsthorpe

To donate to St Peter's Church, Swainsthorpe, contact the treasurer Andy Haggith - 01508 470921

How to donate: Newton Flotman Parish Church Council sort code 20-62-53 a/c 70651028 it is classed as a business account. Please reference it 'Fabric'. To give regularly, why not become a *Friend of St Mary's*? - contact Kirsten Remer – 01508 471580 **kirstenremer@gmail.com**

To contribute to the running costs of the church and provision of clergy please go to **DofN.org/donate** to donate to our Parish Share. If you wish to leave a legacy please visit for further details

www.churchofengland.org/our-faith/church-legacy Thank you!

Worship Events in August & September

St Mary's, Newton Flotman

Sunday	4th	11:00	Morning Worship - Lesley Cox
Sunday	11th	11:00	Holly Communion - Dawn Davidson
Sunday	18th	11:00	Morning Worship - Austin Uzoigwe
Sunday	25th	11:00	No service today due to the village fete

St Peter's, Swainsthorpe

4th	9:30	Swainsthorpe Special - Lesley Cox
11th	9:30	Swainsthorpe Special - Lesley Cox
18th	9:30	Holly Communion - Austin Uzoigwe
25th	9:30	Swainsthorpe Special - Austin Uzoigwe
	11th 18th	4th9:3011th9:3018th9:3025th9:30

For September services and services within our benefice please see tasvalley.org/worship

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Newton Flotman



is back this August! Thursday mornings in the church, churchyard and church room, 9.30 -12noon. Free activities and refreshments for all ages. Free packed lunches and dinner packs to take away for your own 'cook off'! Activities will vary from week to week. Come and join us!



NFaST is meeting on most Tuesday mornings in August from 10am. If you want to look at the village archive do pop in! Call 01794 1224849 to avoid disappointment.



Yellow Jersey wearer, King (or Queen!) of the Mountains you don't have to be, but we'd love it if there was someone who would cycle for St Mary's in this year's Norfolk Churches Trust bike ride is on Saturday 14th September.

There are willing sponsors only too pleased not to be riding!



We will be holding our Harvest Festival on Sunday 22nd September at 11am, do join us for the celebration of God's creation and provision for us. This follows our Harvest Supper the evening before where we are welcoming all those who have contributed to the life of the church in our village.

Get in touch with Kirsten Remer kirstenremer@gmail.com for further details about all

of the above.

Mobile Library for August & September

The mobile library will be visiting Newton Flotman and Swainsthorpe on Wednesday 17th July Please note times below. The mobile library is a valuable community resource especially for those without their own transport use it or lose it!

Village	Stop Name	Arrival	Departure	Postcode
		Time	Time	
SWAINSTHORPE	THE CHURCH	09:50	10:05	NR14 8PN
NEWTON FLOTMAN	GROVE DALE	12:00	12:20	NR15 1QG
NEWTON FLOTMAN	JOY AVE	12:45	13:05	NR15 1RD
NEWTON FLOTMAN	SCHOOL ROAD	14:20	15:30	NR15 1PR

Partnership Deadline

The next edition of Partnership will be for October 2024. Deadline will be 14th September. Contributions by email to caroline@uv6.com or call 07855 838553. The editor reserves the right to edit copy and print as space permits.



Fairtrade Fortnight Has Moved!

Fairtrade Fortnight is now celebrated in September – this year 9th - 22nd. It is 30 years since the Fairtrade mark was first seen on products in our shops. 1994 was the year of Wet Wet Wet's Love is All Around and Four Weddings and a Funeral!

There are producers and communities benefitting from minimum prices and the developments brought about by the Fairtrade premium in 70 countries – over 2 million

farmers and workers. While the understanding of the benefit of minimum guaranteed prices for lifting producers out of poverty is far better understood, there is much to be done on the power that buyers in high income countries still have. Climate justice, through trade justice, is a key feature of the foundation's work and since COP 26 farmers are now part of the yearly intergovernmental conversations. Recent work by the Fairtrade Foundation with the Competition and Markets Authority has been to pave the way for large companies to collaborate on sourcing cocoa and coffee...watch this space.

St Mary's is a Fairtrade church so we undertake to use Fairtrade products as far as we can all year, but expect a few more Fairtrade goodies when this fortnight comes round. This year's Fairtrade Fortnight theme is 'be the change' https://www.fairtrade.org.uk/bethechange/



- When you choose Fairtrade, you contribute to a fairer, more sustainable future for food production.
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- When you choose Fairtrade, you help rebalance power in supply chains.

Kirsten Remer





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What's On In Our Villages:

Newton Flotman Fete – Alan King Playing Field Sunday 25th August - 12-4pm

Social Club - Newton Flotman Village Centre

Friday 2nd August - Social Club evening with Arianne Vocalist and Brunch Bar Friday 9th August - Social Club evening with East Coast Pizza Friday 16th August - Social Club - food TBC Friday 30th August - Social Club evening with El's Kitchen Friday 13th September - Lion's Club Quiz with Brunch Bar Friday September 27th - Race Night with Surfing Sombrero

Youth Club - NF Village Centre

For 8 -16 year olds - Wednesdays 6-8 pm (term time) Friday mornings during August - Summer Workshops for 8-12 year olds

Stay & Play - NF Village Centre For parents/carers and preschool children Tuesdays, 9:30am to 11am - Newton Flotman Village Centre

Cherry Tree Café Wednesdays, 9am to 12 midday - Newton Flotman Village Centre

Village Café - Newton Flotman Church Room Saturdays 10am - midday Saturday 15th August - Meet your new MP, Ben Goldsborough

Film Night - Newton Flotman Village Centre Tuesday 20th August - Next Goal Wins Tuesday 27th September - film TBC Bar open from 7pm; Film starts at 7.30pm

Outreach Post Office - Newton Flotman Church Room Wednesdays 9.30 - 11.30am

Crafting for a Cause

1st Weds of the month, 2 - 4pm, Newton Flotman Church Room 3rd Saturday of the month from September - 10-midday at Village Café

> **Village Walks** For more details contact Richard Beach 07963006091.

> > Meetings

Newton Flotman Parish Council Tuesday 24th September - 7.30pm - Village Centre. Swainsthorpe Parish Council Wednesday 13th September - 7.30pm - St Peter's Community Centre. Wednesday 8th November - 7.30pm - St Peter's Community Centre.

Book a space:

Community Centre St Peter's Swainsthorpe - Jackie Baker 01508 470415 Newton Flotman Village Centre - Vicky Ball 01508 471506 Newton Flotman Church Room - Caroline Wolfe 01508 471238

Crafting for a Cause

We are a friendly group who meet to bring and share skills which are put to use to raise money for good causes. We are currently supporting the work of the Priscilla Bacon Hospice in Norwich.



We will have a stall at the Village Fete on August 25th.

Our next meeting will be Wednesday August 7th, 2pm in the Church Room.

From September we will experiment with meeting twice a month. We will meet on the first Wednesday of each month from 2-4 pm and on the third Saturday from 10am to midday at the Village Cafe. Both meetings will be n the Church Room.

September meetings. Wednesday 4th September 2pm. Saturday 15th September 10am Do come along and see what we are up to. We have spare materials for you to have a try at a new crafting skill, if you'd like to have a go. If you would like more information contact Vicky (01508 471506) or Hilary (07806762296). All are welcome.



Have you got an interesting vehicle?

It'll be great to see it on display at Newton Flotman Village Fete on 25th August No need to book. Just turn up on the day.

Date for your Diary

The next Newton Flotman Litter Pick will be on Saturday 5th October Gather at 9.30 at the Church Room



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Rates of hire non-residents: Regular bookings £9.50 per hour Occasional bookings £13.50 per hour To book please contact Vicky Ball: 01508 471506 vmball@outlook.com



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St Peter's Church Community Centre

Swainsthorpe Community Centre is situated within St. Peter's Church on Church Road in Swainsthorpe. The centre is available for hire on a one off or regular basis at £7 per hour. There is a well-equipped kitchen area with cutlery, crockery and glasses to serve 40 people. The entrance and toilet have wheelchair access.

For enquiries please contact: Jackie Baker 01508 470415

Church Room for Hire Newton Flotman

The Church room at St Mary's in Newton Flotman is available for hire at £7 per hour. It is suitable for meetings and small birthday parties. It has kitchen facilities and disabled access. Please call Caroline Wolfe on 01508 471238 for availability.

Business Ads



Newton Flotman Climate Care

A slightly different topic this month - grass cutting. Although not strictly climate care, the care of our grass is important to promote wildlife in the natural world. If you mow grass short every week you get a nice neat green area but no flowers or seeds, so pretty much a desert as far as wildlife is concerned. If you leave grassland unmown with perhaps



some grazing by cattle or sheep over years or perhaps hundreds of years you get a meadow. This can become a glorious balance a flowering plants and grasses. Stubbs Green in Shotesham is a good example.

England's natural meadows and hedgerows have been lost in recent years over 97% lower since the 1930s. This has been followed by marked loss of insects, including butterflies, birds and mammals. England has been described as the most nature depleted country in the world.

To counteract this we are all encouraged to let our garden grass go longer and allow some insect-friendly flowers to grow in our lawns. The parish council is encouraged to manage its land in a nature friendly way so it's worth keeping readers up to date with what is happening.

Firstly the village green. This is managed by the Parish Council who have asked Andy Cox and me to suggest management plans. For the last few years we have limited cutting, cleared paths, planted trees, planted flowers and scattered yellow rattle seed in the autumn - but it's not going well. The grass is very vigorous and overruns our flower planting. In addition there is lots of bindweed which tends to take over. We tried to start a new cutting plan this year with grass cut in late June but with all the wet weather contractors have got behind and the grass is now huge, so we are considering a new plan. More of the green would be regularly cut leaving a smaller area where we can really work to establish flowers.

The playing field is managed by the Village Centre committee. The grass there is managed for recreation and sport and there has been no suggestion that mowing should be limited to encourage wildlife. The grass should be cut every two weeks. The very wet summer has meant that the contractors are well behind. A recent very unsatisfactory cut resulted from an attempt to cut long wet grass.

Some of the grass verges in the village are managed by Saffron Housing. It seems these are cut less often than they used to be. It might be worth contacting Saffron to ask about this.

Overall we need balance! Our grass areas must be managed for the benefit of all our residents - including the wildlife!

Andy Cox & Richard Beach 07963 006 091 Richard.beach1508@gmail.com

News from Newton Flotman Parish Council Roadworks

There seems to be more and more roadworks happening these days. Unfortunately Parish Councils have no input in such matters. However, for up to date information on what is happening in Newton Flotman, and further afield, go to **https://uk.one.network/** Zoom into your specific area to get more information on what is happening currently and what is planned

Dog Waste Bins

It was agreed at the recent Parish Council meeting to install an additional dog waste bin on Greenways. This bin was funded from Community Infrastructure Levy funds which the parish council receives through the district council as a result from developers. There will be 9 dog waste bins across the parish for dog owners to use which are emptied by the district council twice a week. It is anticipated that the new bin will be installed over the summer.

Village Green

This is the third year that wild flowers are being encouraged to grow on the village. Not cutting grass as short or as frequently allows grasses and other plants such as plantain to seed and provide food for birds. Other plants, such as daisies, provide nectar for hoverflies and bees; in addition, bees will also visit buttercups to collect nectar and pollen. It is possible over time that some grassland areas may contain orchids and other scarce plants that have been suppressed by the regular cutting.

So far this year Ox-Eye Daisy, Wild Carrot, Knapweed and Chicory have been spotted on the green. Hopefully the variety of flowers will increase as time goes on.

The area is managed by volunteers, Richard Beach and Andy Cox, who work closely with the cutting contractors who follow a specific cutting pattern to encourage the growth of wild flowers. The cutting is partly funded by a South Norfolk Clean up and Bloom grant.

Meetings

The public are very welcome to attend parish council meetings and there is always an opportunity for you to ask questions and to have your say. The Parish Council meets every month (except August and December) on a Tuesday evening. The next meeting will be held on:

Tuesday 24th September, 7:30pm, Village Centre.

Minutes and agendas are posted on the Parish Council website: https://www.newtonflotmanpc.co.uk/agendas-and-minutes

Newton Flotman Parish Council is on Facebook. Follow the Parish Council at https://www.facebook.com/NewtonFlotmanPC

Contacting the Council

clerk@newtonflotmanpc.co.uk | 01508 447688 Maria Hutson, Clerk to the Parish Council utility bill). Children will receive their own library card and there are no overdue fees on children's library cards.

If you can't make it to a library, children can also take part via the official Summer Reading Challenge website, where they can sign up for a free challenge profile and get book recommendations.

It's not just about reading books though - to make the Summer Reading Challenge even more fun, there are lots of free events and activities taking place at libraries across Norfolk.

You can find out more about the Summer Reading Challenge including all the activities on offer in Norfolk libraries at:

www.norfolk.gov.uk/summerreadingchallenge





Come and meet your MP, Ben Goldsborough, on 15th August 10am - 12 midday

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Get creative with the Summer Reading Challenge at Norfolk libraries

With the school holidays here, you may already be trying to think of ways to keep children occupied. Look no further than the Summer Reading Challenge, which was launched in Norfolk libraries on Saturday 6th July.

All children aged four to 11 are invited to take part in this year's challenge, Marvellous Makers, which celebrates children's creativity and storytelling abilities.

Developed by The Reading Agency in partnership with Create, a leading arts charity, and public libraries, children are being encouraged to explore new books and stories while taking part in free activities - from arts and crafts to music, dance and more.

When children sign up, they receive a free pack that follows the Marvellous Makers characters as they try to find creative objects that have gone missing thanks to a cheeky squirrel. Each time children finish a book they can collect a special sticker from the library to add to the pack. On completion of the challenge, children will receive a certificate and a medal.

The library service recommends reading around six different books, but children can set their own reading goals. There is also a mini-challenge available so that pre-school children don't miss out.

You can take part at your local library, where children can borrow and read books, eBooks and audiobooks of their choosing. For inspiration about what to read, there's a Marvellous Makers booklist, which includes picture books, early readers and non-fiction books. But children can read anything as part of the challenge – from comics to recipe books – so they don't have to stick to the booklist.

To take part in the Summer Reading Challenge, just drop into your local library and ask to register your child. If you are not already a member of the library, joining is free and easy (you will need to bring proof of address, such as a



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The summer of 2024 is hopefully going well for all of you. As I write this article, it doesn't feel like summer – it is one of those wet chilly evenings and I have to remind myself that it is summer. My hope is that in a few days, the sun will be out again.

In this issue, I write about a new vaccination that is being introduced in England this September 2024. The Joint Committee on Vaccination and Immunisation (JCVI) have recommended the introduction of the vaccination to be given to older adults aged 75 to 79, and pregnant women for infant protection will become eligible as they reach 28 weeks gestation and remain eligible up to birth.

Respiratory syncytial virus (RSV) belongs to the same family as the human parainfluenza viruses and mumps and measles viruses. RSV is one of the common viruses that cause coughs and colds in winter. In the UK, the RSV occurs every year starting sometime in October, peaking in December, and lasting altogether around 4 - 5 months. For most people, it causes a mild viral respiratory illness. However, it can cause the nasty bronchiolitis in infants especially below six months of age and it can affect the elderly with chronic diseases such as Asthma and Emphysema quite badly.

The **gov.uk** website states that RSV causes 20 -30 deaths a year in infants and around 4000 deaths in those above 75 years of age. This statistic will tell you how much of an impact this has on primary care and secondary services.

Let us keep ourselves healthy in mind and body. Let us stay safe and try and prevent major illnesses this coming autumn and winter. The roll out programme for the RSV vaccine begins soon so please respond when you get the call or letter.

Enjoy the rest of this summer.

Dr Mini Nelson

Part-Time Work Opportunity

Support required at home near Newton Flotman with food preparation, light housework and possibly other help depending on availability etc. The job requires two shifts of 1½ to 2 hours per week. This is a temporary cover role but can become long-term. The candidate will also provide an ad-hoc role to cover for holiday/sickness of one extra shift per week. Pay Rate: 12.25/hour. For more information please use the link:

https://app.ukcil.com/job_board/pa-for-lady-in-saxlingham-thorpe-nr15-1 -2-hrs-twice-weekly-12-25-per-hr-nr15-3?name=UKCIL

Keeping the villages in touch: Visit us on Facebook www.facebook.com/newtonflotmanvillage/ Swainsthorpe's private group for residents: https://www.facebook.com/groups/151438831588930



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